

ASAPS - San Diego 2008

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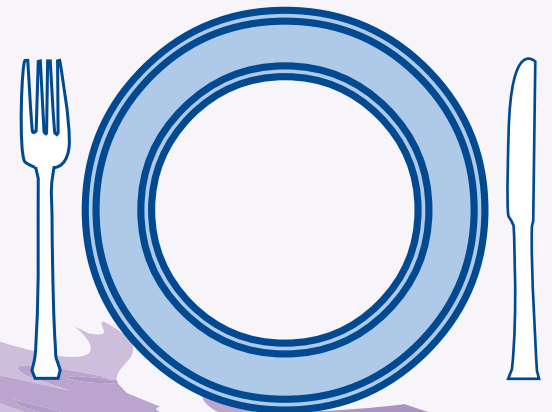
**Committee Chairman**

Scott Barttelbort, M.D.

THE AESTHETIC MEETING

2008

San Diego  
Restaurant &  
City Guide



## Best of the Best

Bertrand at Mister A's \$\$\$\$  
2550 5th Avenue Twelfth Floor  
(619) 239.1377  
“Fantastic Views, food, and ambiance. Don't be afraid to try the Mac and Cheese as an appetizer (made with truffle bits and oil). Take your Lipitor first!”

Addison at the Grand Del Mar Resort \$\$\$\$  
5220 Grand Del Mar Way  
(619) 314.1900  
“Caramel Valley area, 30 minutes away but worth the drive. Chef Bradley outstanding and Sommelier Jesse Rodriguez arrived from Napa's famous French Laundry.”

## Seafood Restaurants

Oceanaire Seafood Room \$\$\$  
400 J Street  
(619) 858.2277

Marine Room \$\$\$\$  
2000 Spindrifft Drive, La Jolla  
(866) 644.2351  
“La Jolla landmark. At high tide waves will ‘crash’ windows of restaurant. 30 minute drive.”

Top of the Market (upstairs room of Fish Market) \$\$\$  
750 North Harbor Drive  
(619) 232.3474  
“One of the few places to have Abalone on the menu.”

## Steakhouse Restaurants

Fleming's Downtown \$\$\$\$  
8970 University Center Lane, La Jolla  
(858) 535.0078

Ruth's Chris Steak House \$\$\$\$  
1355 North Harbor Drive, Little Italy  
(619) 233.1530

## Best French Restaurants

Le Fontainebleau at The Westgate Hotel \$\$\$\$  
1055 Second Avenue  
(800) 522.1564  
“Award winning Sunday Brunch.”

Tapenade \$\$\$  
7612 Fay Avenue, La Jolla  
(858) 551.7500  
“Chef Diot is consistently rated as one of San Diego's finest. 30 minute drive.”

## Best Italian Restaurants

Popazzo Bar and Grille \$\$\$  
1917 India Street, Little Italy  
(619) 238.1917

Salvatore's \$\$\$  
750 Front Street  
(619) 544.1865

## Best American Restaurants

Croce's Restaurant & Jazz Bar \$\$\$  
802 Fifth Avenue  
(619) 233.4355

A.R. Valentien at the Lodge at Torrey Pines \$\$\$\$  
11480 North Torrey Pines Road, La Jolla  
(858) 453.4420  
“30 minute drive, but exceptional food in great setting.”

## Best Mexican Restaurants

Old Town Mexican Café \$\$  
2489 San Diego Avenue, Old Town  
(619) 297.4330

## Best Sushi Restaurants

Nobu at the Hard Rock Hotel \$\$\$  
207 Fifth Avenue  
(619) 814.4124

Taka \$\$  
555 Fifth Avenue  
(619) 338.0555

## Best Fine Persian Cuisine

Bandar \$\$\$  
825 Fourth Avenue  
(619) 238.0101

## Best Indian Restaurant

Monsoon \$\$\$  
729-733 Fourth Avenue  
(619) 234.5555

## Best Business Lunch

Dobson's Bar and Restaurant \$\$\$  
956 Broadway Circle  
(619) 231.6771

Rainwater's on Kettner \$\$\$\$  
1202 Kettner Blvd Ste 2000  
(619) 294.7001

## Best Desserts

Extraordinary Desserts \$\$  
1430 Union Street  
(619) 294.7001

## Others to Consider

Prado Restaurant at Balboa Park \$\$\$  
1549 El Prado, Balboa Park  
(619) 557.9441  
“Casual. Good if planning to go to Balboa Park.”

Il Fornaio \$\$  
1333 First Street, Coronado  
(619) 437.4911  
“Good food and great views of downtown, casual.”

## Theater & Music

San Diego Opera at the Civic Center  
*The Pearl Fishers by Bizet; May 3, 6 and 9th. Zandra Rhodes set and costume design. One of America's Top 10 opera companies.*

Old Globe Theater in Balboa Park  
*The Glass Menagerie – classic. Tennessee Williams in intimate setting.*

*Beethoven as I knew him – superb, enjoyable performance.*

Michael Buble at Cox Arena at SDSU  
*Friday, May 2nd at 8 pm.*

### Anthology

1337 India Street  
(619) 595.0300  
*Jazz, Blues, Soul, Latin and Rock accompany culinary delights.*

### **Balboa Park**

1549 El Prado, Balboa Park  
(619) 239.0512  
*The nation's largest urban cultural park. Home to 15 major museums, renowned performing arts venues, beautiful gardens and the San Diego Zoo, the Park has an ever-changing calendar of museum exhibitions, plays, musicals, concerts, and classes—all in the beautiful and timeless setting of this must-see San Diego attraction.*  
*“A Day in Pompeii at the Natural History Museum is excellent.”*

### **Hornblower Cruises and Events**

1066 N. Harbor Dr. at the Embarcadero  
(619) 725.8888  
*Provides guests with spectacular views and ocean breezes aboard dinner cruises, champagne brunch cruises, harbor tours and most recently, whale watching adventure cruises.*

### **San Diego Aircraft Carrier Museum aboard the USS Midway**

910 N. Harbor Dr. at the Navy Pier  
(619) 544.9600  
*Experience the magic aboard the longest-serving aircraft carrier in U.S. Naval history, the USS Midway. It's a must-see San Diego attraction. You'll enjoy 35 exhibits and displays encompassing 4.02 acres. You can also launch, fly dogflight missions and land aboard the carrier via optional flight simulators.*

### **Cabrillo National Monument**

1800 Cabrillo Monument Dr., Point Loma  
(619) 557.5450  
*Cabrillo National Monument is the third most visited national monument in the United States. From this vantage point high above the ocean, you will be able to enjoy a breathtaking panoramic view of the city of San Diego and beyond.*

### **San Diego Zoo, Balboa Park**

(619) 234.3153  
*The San Diego Zoo is a 100-acre international animal experience where guests will see some of the earth's rarest wildlife including giant pandas from China, koalas from Australia and tree kangaroos from New Guinea. The San Diego Zoo's more than 4,000 animals represent 800 species - many of which rarely seen at other zoos. There are also animal shows and a children's zoo. “Consider lunch at Albert's. Full service menu. Listed in USA's Top 100 ‘Dining in Natural Beauty’.”*

### **San Diego Wild Animal Park**

15500 San Pasqual Valley Rd.  
(760) 747.8702  
*The San Diego Wild Animal Park is one of Escondido's most visited attractions. This 1,800-acre wildlife preserve features 3,500 animals representing 400 species, including 13 rare and endangered species such as the never before exhibited California condor. “Located 1 hour away from Downtown but is worth the trip.”*

### **Birch Aquarium at Scripps**

2300 Expedition Way, La Jolla  
(858) 534.3474  
*This is a must-see attraction with over 3,500 colorful fish on display in more than 60 habitats including moray eels, lionfish, sharks and more. Birch Aquarium is the public center for Scripps Institution of Oceanography.*

### **Sea World San Diego**

500 Sea World Dr., Mission Bay  
(800) 380.3203  
*SeaWorld is set on 189 acres and has something to offer everyone. It features thousands of fascinating mammals, fish, reptiles and birds as well as spectacular animal shows, interactive attractions, aquariums, rides and dining facilities.*

### **Little Italy**

*San Diego's oldest continuous neighborhood business district has continued to be a vibrant ethnic business and residential community since the 1920s.*

### **Old Town San Diego State Historic Park**

*Historic site in downtown San Diego that recreates life in the Mexican and early American periods of 1821 to 1872.*

### **Old Town Trolley**

(800) 868.7482  
*Two-hour trolley bus tours that visit major attractions such as Balboa Park, Gaslamp Quarter, Seaport Village, Coronado and Embarcadero. You can avoid costly parking and city driving while exploring at your own pace as you hop on and off at 2 or 3 of your favorite stops.*



## **Seaport Village**

*Seaport Village is a 14 acre waterfront shopping, dining and entertainment complex recreating a harbor side setting of a century ago.*

## **Museum of Contemporary Art, Downtown**

*An addendum to the larger MCA San Diego. This one has four galleries that feature changing exhibitions.*

## **Harbor and Shelter Islands**

*Two scenic islands in San Diego bay that offer a variety of restaurants, hotels and water sports such as scuba and fishing excursions.*

## **Fashion Valley Shopping Center**

*This popular shopping mall is on multiple levels and gives shoppers a choice of more than 200 stores and boutiques. Home to Bloomingdales, Neiman Marcus and Nordstrom.*

## **Golf**

### Torrey Pines Municipal Golf Course

11480 N. Torrey Pines Rd., La Jolla  
(866) 218. 6550

*“This is home to this years’ U.S. Open. Play the course 1 month before Tiger and Phil do.”*

### The Grand Golf Club

5300 The Grand Del Mar Way,  
Del Mar  
(858) 792.6200

## **Nightlife**

### Basic Urban Kitchen & Bar

410 10th Ave.  
(619) 531.8869  
*You want mashed potatoes on your pizza? Of course you don’t. But if you did, you could order it at Basic Urban Kitchen & Bar, right by Petco Park. The small size is huge. Pizza purists should order the red pie with fresh mozzarella and basil. If you are going to go crazy, get artichokes. Forget mashed potatoes.*

### The Field

544 Fifth Ave.  
(619) 232.9840  
*This is a 100 percent Irish pub in the heart of the Gaslamp Quarter. Even the bartenders and waiters are authentic Irish! Fun, lively pub atmosphere.*

### Top of the Hyatt at the Hyatt Hotel

1 Market Pl.  
(619) 232.1234  
*This bar on the 40th floor of the Hyatt Hotel offers the best view of San Diego, the Bay and Coronado.*

### The Cask Room

555 Park Blvd. #2104  
(619) 822.1606  
*Learn about luscious Cabs, a crisp Chardonnay or the perfect Pinot Noir at The Cask Room. The staff is so passionate that, after a few glasses of vino, converting the spare bedroom into a wine cellar starts to sound perfectly reasonable.  
“Listed as the Best New Wine Bar in San Diego Magazine June 2007.”*

### House of Blues

1055 Fifth Ave.  
(619) 299.2583  
*Open 11 a.m.–midnight. This renowned company’s ninth club features a multi-level music hall. Live national and local performers. Dance floor, bar, café and restaurant.*

## **Dancing**

### Sevilla Restaurant, Tapas Bar & Club

555 Fourth Ave.  
(619) 233.5979  
*Enjoy dinner and dancing at this Spanish-themed bar and club. They have a popular Gypsy dinner show Sat. (\$47.50) and Sun. (\$39.50), 7 p.m.–9:30 p.m. in the downstairs nightclub.*

### Stingaree

454 6th Ave.  
(619) 544.1VIP  
*Set in a historic warehouse in San Diego’s once-taboo Red Light district, Stingaree is a restaurant, nightclub, and event center. The facility occupies three stories and features a floor-to-ceiling waterfall, rooftop cabanas, fire pit, and VIP lounge.*

