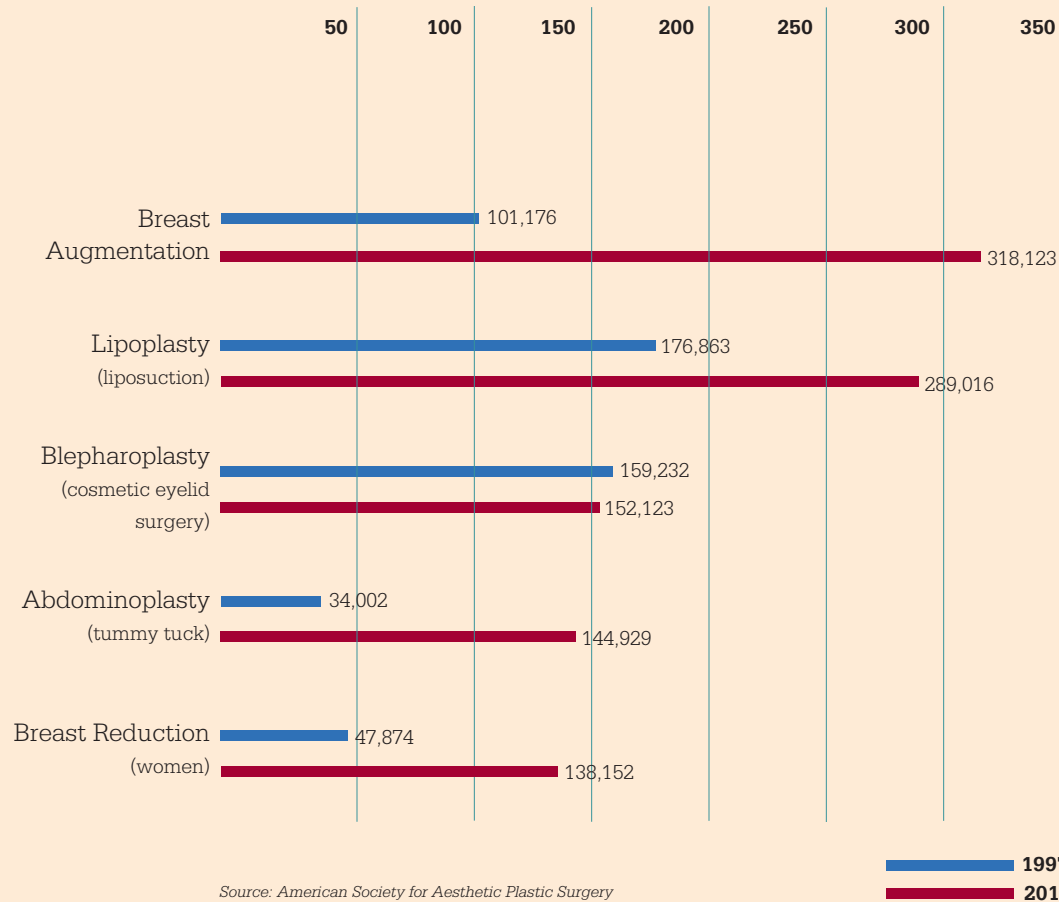


Top 5 Surgical Cosmetic Procedures in 2010



Of the 318,123 breast augmentations performed in 2010 38% used saline and implants and 62% used silicone implants.

- A [recent survey](#) in the Aesthetic Surgery Journal revealed that suction-assisted lipectomy (SAL), or “traditional” liposuction, was the preferred method of fat removal for over half of respondents; power-assisted liposuction (PAL) and ultrasound-assisted liposuction (UAL) were also popular. Laser-assisted liposuction (LAL) and external noninvasive devices, such as external ultrasound and laser, were the least popular methods for fat removal.
- Since 1997, the popularity of [abdominoplasty](#) has increased over 300%. This could be attributed in part to the increased awareness of the dangers and health consequences of obesity, and subsequently patients seeking plastic surgery procedures for body contouring after dramatic weight loss.
- [Breast reduction](#), is designed to relieve the physical discomfort often associated with very large breasts and to enhance the overall appearance of the breasts.