

## DOCTOR

My injecting, prescribing and/or supervising DOCTOR is certified one of these:

- American Board of Plastic Surgery
- American Board of Otolaryngology and American Board of Facial Plastic & Reconstructive Surgery
- American Board of Ophthalmology with specialization in Ophthalmic Plastic & Reconstructive Surgery
- American Board of Dermatology with specialization in Cosmetic or Dermatologic Surgery

My injecting, prescribing and/or supervising DOCTOR is a member of one or more of these groups:

- American Society for Aesthetic Plastic Surgery
- American Society of Facial Plastic and Reconstructive Surgeons
- American Society of Ophthalmic Plastic Surgeons
- American Society of Plastic Surgeons
- American Society for Dermatologic Surgery

If a nurse or physician's assistant is injecting all of these things are true:

- I have first seen a DOCTOR whose specialty is defined above
- The laws regarding cosmetic injections in the state where I will be injected are defined to me by the DOCTOR
- I know where the prescribing/supervising DOCTOR will be during my injections
- The nurse has demonstrated competency in performing cosmetic injections with a certificate issued by the supervising DOCTOR's professional specialty organization (one of the below):
  - American Society for Aesthetic Plastic Surgery
  - American Society of Facial Plastic and Reconstructive Surgeons
  - American Society of Ophthalmic Plastic Surgeons
  - American Society of Plastic Surgeons

## BRAND

All of these statements are true:

- My injector has defined the FDA approved BRAND or BRANDS of cosmetic injectable recommended for me
- My injector has shown me the BRAND packaging identifying the cosmetic injectable that will be injected into me is a genuine product
- My injector has written on my informed consent documents and in my medical chart the FDA approved BRAND or BRANDS of cosmetic injectables injected into me

## SAFETY

All of these statements are true:

- My injections are being performed in a medical office, or a medical spa whose medical director meets all of the statements above about my DOCTOR
- My injections are being performed at a time when I or my injector are not intoxicated or under the influence of a controlled substance
- I feel safe and at ease with my injector
- My injector has taken me through the informed consent process defining where I will be injected, with what, and what the potential risks or complications may be as well as defined alternative treatments that may meet my cosmetic goals
- I will follow all the post-treatment instructions I am given and follow-up with my doctor or injector as prescribed

## BEAUTY

All of these statements are true:

- I can clearly define the areas of my facial appearance I hope to improve with cosmetic injectables
- My injector has analyzed the areas of my facial appearance I hope to improve with cosmetic injectables, and my facial appearance overall to recommend the options available to me to meet my goals
- I understand the expected duration of my results, and that if I do not repeat injections, my facial appearance will return to its prior condition
- I understand that minor swelling, bruising or redness for a few days after my injections is a normal occurrence that can be camouflaged with cosmetics